



Helga Estby
BOLD-SPIRITED SCHOLAR AWARD

DUE
April 1, 2005

AWARD
\$1000 scholarship for 2005-2006 Academic Year, non-renewable

Qualifications

The recipient must be a mid-life, eastern Washington woman who exemplifies a bold spirit, determination, perseverance, and initiative to reach personal goals through higher education, attending full-time at an accredited Washington State college or university. In addition, this woman must have completed at least 30 semester or 45 quarter credits prior to the start of the fall term 2005, and have a family contribution of less than \$10,000 from the FAFSA for either 2004-5 or 2005-6.

Background

When Helga Estby, and her family were threatened with foreclosure on their 160 acre farm after the depression of the 1890s, she walked 3500 miles from Spokane to New York on a \$10,000 wager in an attempt to save their home. The story of her audacious and courageous venture emerged in *Bold Spirit: Helga Estby's Forgotten Walk Across Victorian America*. This scholarship provides a legacy to her bold spirit. Please see www.boldspiritacrossamerica.com for further information.

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APPLICATION PROCESS

- ♦A brief resume which includes
 - contact information*
 - educational background*
 - work experiences in recent years*
 - college you plan to attend in 2005-6*
- ♦A transcript of recent college classes
- ♦A copy of the first page of your Student Aid Report (from the FAFSA form) that indicates your calculated family contribution for 2004-5 or 2005-6
- ♦Two letters of recommendation
- ♦A two-page typed essay answering the following questions:
 - What is your purpose in returning to college and what motivates your desire and efforts to pursue an academic degree?*
 - What challenges and obstacles do you encounter on reaching this goal and what resources (internal or external) do you draw on to achieve your dreams?*

SEND COMPLETE APPLICATION WITH ALL NECESSARY DOCUMENTS TO:

Women Helping Women Fund
1315 N. Napa Street-Spokane, WA 99202
or email with attachments to: whwfund@qwest.net
Attention: Helga Estby Scholarship